



DECEMBER 2021 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|--|
| <p> ❖ = Age-Friendly Committee Event ■ = Auburn Recreation Program ⌘ = 1st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting </p> | | | | | | |
| | | | 1 ⌘ = 1 st Auburn Senior Citizens Meeting | 2 ■ Chair Yoga *special time 2:15* ■ Adult Craft Night | 3 ■ Drop In Day ■ Gift Wrap Day ■ Feature Friday / Lawn Games | 4 |
| 5 | 6 φ = New Auburn Seniors Meeting ■ Yoga with Emma | 7 ❖ Age-Friendly Committee Meeting ❖ Age-Friendly Movie 1 to 3 | 8 ◆ = Robin Dow Meeting | 9 ■ Chair Yoga ■ Adult Craft Night ■ Maine Celebration of Lights | 10 ■ Drop In Day ■ Gift Wrap Day ■ Feature Friday/Tech Talk | 11 |
| 12 | 13 φ = New Auburn Seniors Christmas at Hasty Center ■ Yoga with Emma | 14 ■ Hike ■ Home Activity Kits | 15 ⌘ = 1 st Auburn Senior Citizens / Robin Dow Christmas at the Green Ladle | 16 ■ Chair Yoga ■ Adult Craft Night | 17 ■ Drop In Day ■ Gift Wrap Day ■ Feature Friday/Card Crafting | 18 ❖ Age-Friendly Movie / Christmas Cookies 1 to 3 |
| 19 | 20 φ = New Auburn Seniors Meeting ■ Yoga with Emma | 21 | 22 ■ Nutcracker ❖ Age-Friendly Finger Roll Luncheon | 23 ■ Chair Yoga ■ Adult Craft Night | 24 HOLIDAY - No Recreation Programs | 25 |
| 26 | 27 φ = New Auburn Seniors Meeting ■ Yoga with Emma | 28 ■ Home Activity Kits | 29 | 30 ■ Chair Yoga ■ Adult Craft Night | 31 HOLIDAY - No Recreation Programs | 1 ❖ Age-Friendly Event |

Fitness

Stay active with Auburn Recreation!

- Pickleball – Hasty Community Center 8:30am-12pm \$2Res/\$3Non-Res (drop-in) Every Tuesday and Thursday
- Ingersoll Walking – Ingersoll Turf 9am-10am (drop-in) Every Tuesday and Thursday

| Date | Time | Cost | Description |
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| Wednesday, December 1 | 10:30 AM – 12:00 PM | \$5.00 annual dues | 1st Auburn Meeting/Chocolate Chip Cookies/Hot Dogs. Doors open at 9:00 AM. |
| Wednesday, December 1 | 12:30 AM – 3:00 PM | Price per card | 1st Auburn Bingo |
| Thursday, December 2 | 2:15 PM – 3:15 PM | \$30 \$35 non-residents | Chair Yoga - *SPECIAL TIME* Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session* |
| Thursday, December 2 | 5:30 PM – 8:00 PM | Free \$10 non-residents | Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required. |
| Friday, December 3 | 10:00 AM – 11:00 AM | Free | Feature Friday: Stop in for the session and stay for the drop in if you would like. We will be doing indoor lawn games. |
| Friday, December 3 | 10:00 AM – 1:00 PM | Free \$1 non-residents | Gift Wrapping Day - We will have a gift-wrapping station with gift wrap, tape and scissors. |
| Friday, December 3 | 10:00 AM – 1:00 PM | Free \$1 non-residents | Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice! In December we will have a gift-wrapping station with gift wrap, tape and scissors. |
| Monday, December 6 | 11:00 AM | \$5 annual dues | New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. |
| Monday, December 6 | 6:00 PM – 7:00 PM | \$10/drop in class or \$40 punch pass (5 classes) | Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels. Drop in for a solo class or get a frequent user pass. |
| Tuesday, December 7 | 1:00 PM – 3:00 PM | Free | Age-Friendly Movie. The journey that led to Charles Dickens' creation of "A Christmas Carol," a timeless tale that would redefine Christmas. Call 333-6601 x2108 for details. Rated PG Pre-registration is helpful. Free popcorn when 20 or more pre-register. |
| Tuesday, December 7 | 5:30 PM – 6:30 PM | N/A | Age-Friendly Community Committee Meeting |
| Wednesday, December 8 | 11:00 AM | \$10 annual dues | Robin Dow Seniors - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Christmas Meal TBD |
| Thursday, December 9 | 1:30 PM – 2:30 PM | \$30 \$35 non-residents | Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session* |

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| Thursday, December 9 | 5:30 PM – 8:00 PM | Free \$10 non- residents | Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required. |
| Thursday, December 9 | 4:30 PM | \$5 residents, \$7 non-residents | Maine Celebration of Lights – This is a state of the art Drive Through - Holiday Lighting Display that's near one mile light show! Located right here in Cumberland, this event is the perfect evening of holiday fun and enjoyment! Minimum 6/Maximum 14. |
| Friday, December 10 | 10:00 AM – 11:00 AM | Free | Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. Pre-registration required. |
| Friday, December 10 | 10:00 AM – 1:00 PM | Free \$1 non-residents | Gift Wrapping Day - We will have a gift-wrapping station with gift wrap, tape and scissors. |
| Friday, December 10 | 10:00 AM – 1:00 PM | Free \$1 non-residents | Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice! In December we will have a gift-wrapping station with gift wrap, tape and scissors. |
| Monday, December 13 | 10:00 AM – 2:00 PM | \$5 annual dues | New Auburn Seniors Meeting – Christmas in the Hasty Center |
| Monday, December 13 | 6:00 PM – 7:00 PM | \$10/drop in class or \$40 punch pass (5 classes) | Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels. Drop in for a solo class or get a frequent user pass. |
| Tuesday, December 14 | 9:00 AM | \$3 \$5 non-residents | Hike – Papermill Trail, Lisbon. Explore our local hiking locations. Mini Bus Transportation \$3.00/resident; \$5.00 non-resident OR meet at location for free. Pre-registration required. Minimum 6/Maximum 14. |
| Tuesday, December 14 | 2:00-4:00 PM | Free | Welcome Sachet Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required. |
| Wednesday, December 15 | 11:00 AM | \$5.00 annual dues | 1st Auburn/Robin Dow Christmas Party at the Green Ladle. Christmas Dinner at Green Ladle with Robin Dow Seniors, doors open at 10 am, entertainment by Quartet, \$15 per person, with gift exchange (bring a \$10 gift) |
| Thursday, December 16 | 1:30 PM – 2:30 PM | \$30 \$35 non- residents | Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session* |
| Thursday, December 16 | 5:30 PM – 8:00 PM | Free \$10 non- residents | Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required. |
| Friday, December 17 | 10:00 AM – 11:00 AM | Free | Feature Friday: Stop in for the session and stay for the drop in if you would like. We will be doing card crafting. |
| Friday, December 17 | 10:00 AM – 1:00 PM | Free \$1 non-residents | Gift Wrapping Day - We will have a gift-wrapping station with gift wrap, tape and scissors. |
| Friday, December 17 | 10:00 AM – 1:00 PM | Free \$1 non-residents | Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get |

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| | | | together with friends or make new ones. We may even play lawn games in the park during the fall if the weather is nice! In December we will have a gift-wrapping station with gift wrap, tape and scissors. |
| Saturday, December 18 | 1:00 PM – 3:00 PM | Free | Age-Friendly Christmas Movie - Raised as an over-sized elf, a human travels from the North Pole to NYC to meet his biological father who doesn't know he exists and is in desperate need of some Christmas spirit. Call 333-6601 x2108 for details. Rated PG Pre-registration is helpful. Free popcorn when 20 or more pre-register. |
| Monday, December 20 | 11:00 AM | \$5 annual dues | New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. |
| Monday, December 20 | 6:00 PM – 7:00 PM | \$10/drop in class or \$40 punch pass (5 classes) | Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels. Drop in for a solo class or get a frequent user pass. |
| Wednesday, December 22 | 8:30 AM | \$15 residents, \$17 non-residents | A Victorian Nutcracker is a retelling of the classic story of a young girl's Christmas Eve dream, brought on by a curious gift of a nutcracker, in which she travels to the Sugar Plum Fairy's Land of the Sweets. This version is unique to Portland and its history, as the first act takes place in the Victoria Mansion with characters pulled directly from Portland's past. All attendees age 12 and over for public events at Merrill Auditorium will be required to provide proof of vaccination against COVID-19 or provide printed proof of a negative COVID-19 PCR test from an authorized provider within 72 hours prior to the event start time Masks are also required for all and are to be worn at all times while in the facilities unless actively eating or drinking. Minimum 6/Maximum 28. |
| Wednesday, December 22 | 10:00 AM – 2:00 PM | Free | Age-Friendly Finger Roll Luncheon - Join us for a meal, finger rolls, chips, dessert and drinks. Santa will be here! Pre-registration is helpful. Call 333-6601 x2108 for details. |
| Thursday, December 23 | 1:30 PM – 2:30 PM | \$30 \$35 non-residents | Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session* |
| Monday, December 27 | 11:00 AM | \$5 annual dues | New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow |
| Monday, December 27 | 6:00 PM – 7:00 PM | \$10/drop in class or \$40 punch pass (5 classes) | Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels. Drop in for a solo class or get a frequent user pass. |
| Tuesday, December 28 | 2:00-4:00 PM | Free | New Year's Eve Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required. |
| Thursday, December 30 | 1:30 PM – 2:30 PM | \$30 \$35 non-residents | Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 per class if you don't sign up for the monthly session* |
| Thursday, December 30 | 5:30 PM – 8:00 PM | Free \$10 non-residents | Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required. |
| Saturday, January 1 | 10:00 AM – 1:30 PM | Free | Age-Friendly New Year's Event. Ball drop at noon. Finger Rolls. Call 333-6601 x2108 for details. Pre-registration is helpful. |