



JULY 2022 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> ■ = Auburn Recreation Program ❖ = Age-Friendly Committee Event ⌘ = 1st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting 				1 ■ In Person Program Sign Ups from 9am to 11am	2
3	4 HOLIDAY - No Recreation Programs	5 ■ Trader Joes & Market Basket Shuttle leave time 9:00am	6 ⌘ = 1 st Auburn Senior Citizens Meeting	7 ■ Boothbay Botanical Gardens Trip 8:30am leave ■ Chair Yoga ■ Social Square Dancing	8 ■ Drop In Day ■ Tech Talk ■ Lawn Games	9
10	11 φ = New Auburn Seniors Meeting ■ Ricker Hill Sunset Yoga	12 ■ Hike ❖ Age-Friendly Committee Meeting	13 ◆ = Robin Dow Meeting ■ Home Activity Kits	14 ■ Ocean State and Lunch leave 10am ■ Social Square Dancing	15	16
17	18 φ = New Auburn Seniors Meeting ■ Mystery Lunch leave 11:30am	19 ❖ Age-Friendly Movie at 1pm	20 ⌘ = 1 st Auburn Senior Citizens Meeting	21 ■ Chair Yoga	22 ■ Drop In Day ■ Lawn Games ■ Sawyer Foundation Music leave 1:30pm	23
24	25 φ = New Auburn Seniors Meeting	26 ■ Hike ■ Goldfinch Creamery leave time 10:00am	27 ◆ = Robin Dow Meeting ■ Home Activity Kits	28 ■ Chair Yoga ■ Social Square Dancing	29	30

Date	Time	Cost	Description
Friday, July 1	9:00 AM – 11:00 AM	Free	3rd Quarter Program Sign Ups- Come prepared with your sign ups! You may pre-register on this day for up to 4 (four) 3 rd quarter off site programs. Payment must be made for all 4 (four) at time of sign up. Pre-registration is required.
Tuesday, July 5	12:00 PM – 1:00 PM	\$3 \$5 non-residents	Trader Joe's in Portland and Market Basket in Westbrook Shuttle - We all need to do some grocery shopping at some point so why not head down with us? The eclectic and retail-fan-favorite Trader Joe's is well-known to its loyalists for low prices on unique food items, ranging from cookie butter to salsas, cheeses and ready-to-eat packaged meals. After Trader Joe's, we will head over to Market Basket and have a round two of shopping that day!. Pre-registration is required. Minimum 6/Maximum 14. Online registration opens 30 days prior to trip.
Wednesday, July 6	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.
Thursday, July 7	8:30 AM – 4:00 PM	\$22 \$24 non-residents	Maine Botanical Gardens Trip and Lunch at Taste of Maine in Woolwich. Almost everything should be in full gear this time of year! This will be an independent trip and you are free to explore the gardens taking in the many blooms, visiting the butterfly garden, and searching for the Guardians of the Seeds. When we have finished our time in the gardens (you will have roughly 2 to 2.5 hours to explore), we will regroup and have lunch at The Taste of Maine in Woolwich. Pre-registration is required. Minimum 6/Maximum 14. Online registration opens 30 days prior to trip.
Thursday, July 7	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session: July 7, 21, & 28 (no class 7/14)
Thursday, July 7	6:30 PM – 9:00 PM	\$6 \$7 non-residents	Social Square Dancing Social Square Dancing (SSD) : is an excellent activity for people of all ages, requires no special skills, except walking at brisk pace and knowing left from right. Drop ins by experienced dancers welcome. Children free when accompanied by a participating parent or guardian. *** Located in Hasty Community Center *** Drop-ins: \$6 for Auburn Residents, \$7 for Non-Residents
Friday, July 8	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day / Lawn Games- Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. Weather permitting, we will have lawn games outside!
Friday, July 8	10:00 AM – 11:00 PM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library. Pre-registration helpful.
Monday, July 11	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Monday, July 11	6:00 PM – 8:00 PM	\$10 \$12 non-residents	Ricker Hill Sunset Yoga. We'll take a trip on our minibus to Ricker Hill in Turner for gentle yoga with Emma. Take in gorgeous views and smells of the orchard while the sun sets over the mountains. Ages: 18+ (16+ with parent consent) Pre-registration is required. Minimum 6/Maximum 14.
Tuesday, July 12	9:00 AM	\$3 \$5 non-residents	Hike – TBD. Explore our local hiking locations. Minibus Transportation \$3.00/resident; \$5.00 non-resident. Pre-registration required. Minimum 6/Maximum 14.
Wednesday, July 13	9:00 AM – 2:00 PM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Wednesday, July 13	12:00 PM - 2:00 PM	Free	Micro Green Plants Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.

Thursday, July 14	10:00 AM – 2:00 PM	\$3 \$5 non-residents	Ocean State Job Lot and Lunch at Applebee's in Oxford - Heading out Oxford for a little shopping and Lunch. Ocean State is full of brand names at discount prices. Save on household goods, apparel, pet supplies, kitchen tools and cookware, pantry staples, seasonal products (holiday, gardening, patio, pool and beach supplies) and more! After shopping we will head to Applebee's for lunch. Pre-registration is required. Minimum 6/Maximum 14. Online registration opens 30 days prior to trip.
Thursday, July 14	6:30 PM – 9:00 PM	\$6 \$7 non-residents	Social Square Dancing Social Square Dancing (SSD) : is an excellent activity for people of all ages, requires no special skills, except walking at brisk pace and knowing left from right. Drop ins by experienced dancers welcome. Children free when accompanied by a participating parent or guardian. *** Located in Hasty Community Center *** Drop-ins: \$6 for Auburn Residents, \$7 for Non-Residents
Monday, July 18	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Monday, July 18	11:30 AM	\$2 \$4 non-residents	Mystery Lunch Shuttle - Let lunch be a surprise! Sign up for the social aspect and for the thrill of no knowing where the bus will take you. Pre-registration is required. Minimum 6/Maximum 14. Online registration opens 30 days prior to trip.
Tuesday, July 19	1:00 PM – 3:00 PM	Free	Age-Friendly Movie. A young Greek woman falls in love with a non-Greek and struggles to get her family to accept him while she comes to terms with her heritage and cultural identity. Rated PG Pre-registration is helpful. Free popcorn!
Wednesday, July 20	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon.
Thursday, July 21	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session: July 7, 21, & 28 (no class 7/14)
Friday, July 22	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day / Lawn Games- Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. Weather permitting, we will have lawn games outside!
Friday, July 22	1:30 PM – 4:00 PM	\$3 \$5 non-residents	Sawyer Foundation – Music Trip : Mollyockett Chorus in Greene - The local group of women singers come from a wide geographical area in southwestern Maine. The chorus is a chapter of Sweet Adelines International, the world's largest nonprofit musical education organization for women singers. The group sings barbershop style a cappella harmony in four parts: tenor, lead, baritone and bass. The name honors Mollyockett, a Pequawket Native American who was born sometime between 1730 and 1740. She was a healer, an artisan, storyteller and friend of settlers in the region. Performances are 60-90mins, but generally on the side of 60. Pre-registration is required. Minimum 6/Maximum 14. Online registration opens 30 days prior to trip.
Monday, July 25	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Tuesday, July 26	9:00 AM	\$3 \$5 non-residents	Hike – TBD. Explore our local hiking locations. Minibus Transportation \$3.00/resident; \$5.00 non-resident. Pre-registration required. Minimum 6/Maximum 14.
Tuesday, July 26	10:00 AM – 2:00 PM	\$12 \$15 non-residents	Goldfinch Creamery Trip in Gardiner- Who doesn't love a tea party!? We will head to Gardiner for all sorts of yummy sweet and savory treats that will be served along with a wide variety of teas. Included in the tea party are finger sandwiches, pastries, small desserts and sweets. The finger sandwiches are turkey on wheat, ham on white, chicken salad on a croissant, cucumber with savory cream cheese on white, egg salad on white, and a spinach

			and feta puffs. It also includes tea (12 to choose from), coffee, and water. Pre-registration is required. Minimum 6/Maximum 14. Online registration opens 30 days prior to trip.
Wednesday, July 27	9:00 AM – 2:00 PM	\$10 annual dues	Robin Dow Seniors - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Wednesday, July 27	12:00 PM - 2:00 PM	Free	Puzzle Activity Kits - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Thursday, July 28	1:30 PM – 2:30 PM	\$30 \$35 non- residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session: July 7, 21, & 28 (no class 7/14)
Thursday, July 28	6:30 PM – 9:00 PM	\$6 \$7 non - residents	Social Square Dancing Social Square Dancing (SSD) : is an excellent activity for people of all ages, requires no special skills, except walking at brisk pace and knowing left from right. Drop ins by experienced dancers welcome. Children free when accompanied by a participating parent or guardian. *** Located in Hasty Community Center *** Drop-ins: \$6 for Auburn Residents, \$7 for Non-Residents