



DECEMBER 2022 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	■ = Auburn Recreation Program ❖ = Age-Friendly Committee Event ⌘ = 1 st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting			1	2	3
				■ Book Club ■ Chair Yoga ■ Gardens Aglow & Dinner leave 3pm ■ Adult Craft Night	■ Drop In Day ■ Wrapping Station ■ Card Crafting @12	
4	5	6	7	8	9	10
	φ = New Auburn Seniors Meeting ■ Yoga with Emma	■ Topsham Tuesday leave @9am ■ Level 2 Chair Yoga	⌘ = 1 st Auburn Senior Citizens Meeting ■ Christmas at Victoria Mansion leave 12pm	■ Stonewall Kitchen / Wells Diner / Cheese Iron leave 10am ■ Chair Yoga ■ Adult Craft Night	■ Drop In Day ■ Wrapping Station ■ Feature Friday/Tech Talk ■ Gingerbread House Decorating @12	
11	12	13	14	15	16	17
	φ = New Auburn Seniors Christmas Party ■ Yoga with Emma	■ Level 2 Chair Yoga ❖ Age-Friendly Committee Meeting	◆ = Robin Dow Meeting and Holiday Luncheon ■ Home Activity Kits	■ Chair Yoga ■ Adult Craft Night	■ Drop In Day ■ Wrapping Station ■ Card Crafting @12	
18	19	20	21	22	23	24
	φ = New Auburn Seniors Meeting ■ Market Basket shuttle leave 9am ■ Yoga with Emma	■ Level 2 Chair Yoga	⌘ = 1 st Auburn Senior Citizens Christmas at the Green Ladle	■ Portland Ballet / Nutcracker leave 8:30am ■ Chair Yoga ■ Adult Craft Night	■ Drop In Day ■ Wrapping Station ■ Recreation Programs / Office Closing at Noon	
25	26	27	28	29	30	31
	HOLIDAY - No Recreation Programs	No Recreation Programs	■ Drop In Day 9am-2pm ■ Home Activity Kits	■ Drop In Day 9am-2pm ■ Book Club ■ Adult Craft Night	No Recreation Programs	

Fitness

Stay active with Auburn Recreation!

- Pickleball – Hasty Community Center 8:30am-12pm \$2Res/\$3Non-Res (drop-in) Every Tuesday and Thursday
- Ingersoll Walking – Ingersoll Turf 9am-10am (drop-in) Every Tuesday and Thursday

Date	Time	Cost	Description
Thursday, December 1	10:00 AM – 11:00 AM	Free	Seniors & APL Connect: A Reading & Discussion Group- The ASCC, in partnership with the Auburn Public Library, is pleased to announce a reading and discussion book group. This group will meet monthly at the Auburn Senior Community Center, on the fourth Friday of each month, from 10:00-11:00 a.m. Our first meeting on October 28, will be organizational in nature, getting to know one another and discussing various genres in an effort to select our first book. Questions? Contact Jamie and Jody at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org . Dates: 1/28, 2/25, 3/25
Thursday, December 1	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Thurs: \$30 residents, \$35 non-residents December 1, 8, 15 & 22 (no class 12/29)
Thursday, December 1	3:00 PM – 9:30 PM	\$55 \$65 non-residents	Gardens Aglow at the Maine Botanical Gardens in Boothbay and Dinner - It's back! Join us as we head to experience the brilliance of New England's most beautiful light display! With over half a million lights, witness the transformation of the central gardens into an extravaganza of festive lights in a dramatic display of brilliant color. This is an outdoor, walking event on your own (approximately an hour and a half there). There is no guided tour, so feel free to explore on your own. We will meet back up at the bus at 6pm and head to dinner at Montsweag Restaurant.
Thursday, December 1	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, December 2	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We December even play lawn games in the park during the fall if the weather is nice!
Friday, December 2	9:00 AM – 12:00 PM	Free \$1 non-residents	Wrapping Station – Bring your gifts and use our paper, tape, bows, etc. to wrap your gifts. Need help wrapping, we can do that too! Every Friday in December (through Christmas) while drop in is going on.
Friday, December 2	12:00 PM – 2:00 PM	\$8 \$10 non-residents	Paper Crafting - Each class will include 3 card or paper craft kits and instruction by Auburn Senior Community Staff. This is a great class for all levels of ability and creativity. All supplies and tools will be provided. Signups for single classes must be at least 2 weeks prior to the class. Pre-registration is required. Minimum 6/Maximum 20. Online registration opens 30 days prior to series. Cost: \$8.00 for Auburn residents, \$10.00 non-residents per class
Monday, December 5	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.
Monday, December 5	6:00 PM – 7:00 PM	\$10 \$12 non-residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, December 6	9:00 AM - 3:00 PM	\$4	Topsham Tuesday (Reny's/Target/Dollar Tree & Kume (hibachi) for lunch)- Really there is so much off of Topsham Fair Mall Road. Target, Dollar Tree, Reny's, Joanne Fabrics, Hallmark, and more. This will be a shuttle trip and I will

		\$6 non-residents	work with you guys hopping from store to store. After, about 1pm we will head to Kume (hibachi) for lunch. Pre-registration is required. Minimum 6/Maximum 14. Online registration opens 30 days prior to trip.
Tuesday, December 6	4:15 PM – 5:15 PM	\$22 \$27 non-residents	Level 2 Chair Yoga - Join Certified Yoga Teacher, Emma Samson, for gentle, beginner-friendly yoga focused on mobility, balance, and stress-relief. Level 2 Yoga will include poses on the floor (seated and laying down), as well as standing poses for strength and stability, with chairs available for use if needed. Participants of this class must be able to get up and down from the floor with or without a chair for support. Try a class to experience the physical, mental, and emotional benefits of Yoga! Fee is \$10.00 resident fee per class if you don't sign up for the monthly session. \$22 residents, \$27 non-residents Dates : 12/6, 12/13, 12/20 (no class 12/27)
Wednesday, December 7	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Steering Committee meeting at 10:00. Regular meeting at 11:00, with hot dogs, raffle table, and bingo.
Wednesday, December 7	12:00 PM – 3:30 PM	\$15 \$18 non-residents	Christmas at Victoria Mansion in Portland - No other historic property goes as all-out for the holidays as Portland's extravagant National Historic Landmark. A volunteer crew that includes some of the state's best florists, interior designers, and artists decks the halls of the pre-Civil War brownstone Italianate villa. The mansion retains more than 90 percent of the objects that filled the house when it was completed in 1860, and during the holidays, these are augmented with forests of lavishly decorated trees and wreaths, garlands lining gilded cornices in the newly restored parlor, strings of ornaments and lights draped across the six hand-carved marble fireplaces, and more. Self-guided tours (you will have about an hour and a half inside). As for stairs, yes, only the first floor is fully accessible, and the second can only be reached via a staircase. Pre-registration is required. Minimum 6/Maximum 14.
Thursday, December 8	9:30 AM – 4:00 PM	\$5 \$7 non-residents	Stonewall Kitchen / Maine Diner / The Cheese Iron - Let's head to York to Stonewall Kitchen and follow the sweet and savory aromas to their welcoming Company Store, where you will be greeted by friendly staff offering samples of our many specialty foods. They'll help you choose the ideal gift from our entire specialty food line, as well as useful kitchen gadgets, cookware, tableware and home décor. After we will start to head back home, but not before stopping for lunch at the Maine Diner in Wells. But wait, we aren't done yet! One last stop in Scarborough at The Cheese Iron. They are an artisan cheese store but also a whole lot more - specialty foods are their passion! Pre-registration is required. Minimum 6/Maximum 14.
Thursday, December 8	1:30 PM – 2:30 PM	\$30 \$35 non-residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non-resident Thurs: \$30 residents, \$35 non-residents December 1, 8, 15 & 22 (no class 12/29)
Thursday, December 8	5:30 PM – 8:00 PM	Free \$10 non-residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, December 9	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We December even play lawn games in the park during the fall if the weather is nice!
Friday, December 9	9:00 AM – 12:00 PM	Free \$1 non-residents	Wrapping Station – Bring your gifts and use our paper, tape, bows, etc. to wrap your gifts. Need help wrapping, we can do that too! Every Friday in December (through Christmas) while drop in is going on.
Friday, December 9	10:00 AM – 11:00 AM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Donna, Adult Services Manager at the Auburn Public Library.

Friday, December 9	12:00 PM - 2:00 PM	Free \$5 non- residents	Gingerbread House Decorating - Nostalgia for many of you. New to others. Let's get together and have a great afternoon of premade gingerbread house decorating. From candy canes to gumdrops and more. Once your house is complete everyone participating will vote on their favorite. Coffee, tea, hot coca will be provided. Feel free to bring your lunch or a snack. Pre-registration is required. Minimum 6/Maximum 20
Monday, December 12	10:00 AM – 3:00 PM	\$18.00 holiday lunch	New Auburn Seniors Holiday Party - <u>Doors open at 10:00am</u> with lunch by Marco's at noon, Abbreviated Bingo to follow in the afternoon. *** tickets for the holiday lunch need to be purchased ahead of time***
Monday, December 12	6:00 PM – 7:00 PM	\$10 \$12 non- residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, December 13	4:15 PM – 5:15 PM	\$22 \$27 non- residents	Level 2 Chair Yoga - Join Certified Yoga Teacher, Emma Samson, for gentle, beginner-friendly yoga focused on mobility, balance, and stress-relief. Level 2 Yoga will include poses on the floor (seated and laying down), as well as standing poses for strength and stability, with chairs available for use if needed. Participants of this class must be able to get up and down from the floor with or without a chair for support. Try a class to experience the physical, mental, and emotional benefits of Yoga! Fee is \$10.00 resident fee per class if you don't sign up for the monthly session. \$22 residents, \$27 non-residents Dates : 12/6, 12/13, 12/20 (no class 12/27)
Tuesday, December 13	5:00 PM – 6:00 PM	N/A	Age-Friendly Community Committee Meeting
Wednesday, December 14		\$10 annual dues	Robin Dow Seniors – Director's meeting 10:30am. Regular meeting 11:00am with election of officers for 2023, and bingo. Holiday luncheon, Jersey Mike's sandwiches, cost \$10.
Wednesday, December 14	12:00 PM - 2:00 PM	Free	Embroidery Hoop Ornament Activity Kit - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Thursday, December 15	1:30 PM – 2:30 PM	\$30 \$35 non- residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Thurs: \$30 residents, \$35 non-residents December 1, 8, 15 & 22 (no class 12/29)
Thursday, December 15	5:30 PM – 8:00 PM	Free \$10 non- residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, December 16	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We December even play lawn games in the park during the fall if the weather is nice!
Friday, December 16	9:00 AM – 12:00 PM	Free \$1 non- residents	Wrapping Station – Bring your gifts and use our paper, tape, bows, etc. to wrap your gifts. Need help wrapping, we can do that too! Every Friday in December (through Christmas) while drop in is going on.
Friday, December 16	12:00 PM – 2:00 PM	\$8 \$10 non- residents	Paper Crafting - Each class will include 3 card or paper craft kits and instruction by Auburn Senior Community Staff. This is a great class for all levels of ability and creativity. All supplies and tools will be provided. Signups for single classes must be at least 2 weeks prior to the class. Pre-registration is required. Minimum 6/Maximum 20. Online registration opens 30 days prior to series. Cost: \$8.00 for Auburn residents, \$10.00 non-residents per class
Monday, December 19	9:00 AM – 3:00 PM	\$10.00 annual dues	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow.

Monday, December 19	9:00 AM – 12:30 PM	\$3 \$5 non- residents	Trader Joe's in Portland and Market Basket in Westbrook Shuttle - We all need to do some grocery shopping at some point so why not head down with us? The eclectic and retail-fan-favorite Trader Joe's is well-known to its loyalists for low prices on unique food items, ranging from cookie butter to salsas, cheeses and ready-to-eat packaged meals. After Trader Joe's, we will head over to Market Basket and have a round two of shopping that day! Great day to stock up before the holidays. Pre-registration is required. Minimum 6/Maximum 14.
Monday, December 19	6:00 PM – 7:00 PM	\$10 \$12 non- residents	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, December 20	4:15 PM – 5:15 PM	\$22 \$27 non- residents	Level 2 Chair Yoga - Join Certified Yoga Teacher, Emma Samson, for gentle, beginner-friendly yoga focused on mobility, balance, and stress-relief. Level 2 Yoga will include poses on the floor (seated and laying down), as well as standing poses for strength and stability, with chairs available for use if needed. Participants of this class must be able to get up and down from the floor with or without a chair for support. Try a class to experience the physical, mental, and emotional benefits of Yoga! Fee is \$10.00 resident fee per class if you don't sign up for the monthly session. \$22 residents, \$27 non-residents Dates : 12/6, 12/13, 12/20 (no class 12/27)
Wednesday, December 21	9:00 AM – 3:00 PM		1st Auburn Holiday Lunch at the Green Ladle in Lewiston Christmas party at Green Ladle, with entertainment by Milltown Roadshow, doors open at 10 am, eat at 11:30, with Special 50/50 drawings
Thursday, December 22	8:30 AM – 1:00 PM	\$15 \$18 non- residents	Portland Ballet: A Victorian Nutcracker in Portland. Portland Ballet's A Victorian Nutcracker returns to the stage this holiday season with newly designed backdrops and set pieces inspired by Portland's Victoria Mansion. A Victorian Nutcracker is a retelling of the classic story of a young girl's Christmas Eve dream, brought on by the curious gift of a nutcracker, in which she travels to the Sugar Plum Fairy's Land of the Sweets. This version, with characters pulled directly from Portland's past, is sure to please audience members of all ages. Seating is at 9:30am and the show will begin at 10:00am and last approximately 2 hours with an intermission.
Thursday, December 22	1:30 PM – 2:30 PM	\$30 \$35 non- residents	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Pre-registration is required. *Drop-In Fee is \$10.00 resident fee per class if you don't sign up for the monthly session* \$12.00 non -resident Thurs: \$30 residents, \$35 non-residents December 1, 8, 15 & 22 (no class 12/29)
Thursday, December 22	5:30 PM – 8:00 PM	Free \$10 non- residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Friday, December 23	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We December even play lawn games in the park during the fall if the weather is nice!
Friday, December 23	9:00 AM – 12:00 PM	Free \$1 non- residents	Wrapping Station – Bring your gifts and use our paper, tape, bows, etc. to wrap your gifts. Need help wrapping, we can do that too! Every Friday in December (through Christmas) while drop in is going on.
Wednesday, December 28	9:00 AM – 2:00 PM	Free \$1 non- residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We December even play lawn games in the park during the fall if the weather is nice!
Wednesday, December 28	9:00 AM – 2:00 PM	Free	Fleece Snowflake Scarf Activity Kit - Free for Auburn residents ages 60 and over, these activity kits are fun for everyone and can be done from home, with a small group of friends, or grandkids! Pre-registration required.
Thursday, December 29	9:00 AM – 2:00 PM	Free \$1 non- residents	Drop in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones. We December even play lawn games in the park during the fall if the weather is nice!

Thursday, December 29	10:00 AM – 11:00 AM	Free	Seniors & APL Connect: A Reading & Discussion Group- The ASCC, in partnership with the Auburn Public Library, is pleased to announce a reading and discussion book group. This group will meet monthly at the Auburn Senior Community Center, on the fourth Friday of each month, from 10:00-11:00 a.m. Our first meeting on October 28, will be organizational in nature, getting to know one another and discussing various genres in an effort to select our first book. Questions? Contact Jamie and Jody at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org . Dates: 1/28, 2/25, 3/25
Thursday, December 29	5:30 PM – 8:00 PM	Free \$10 non- residents	Thursday Adult Craft Night - Join us at the Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Space is limited and pre-registration is required. Min: 4 /Max: 20 Pre-registration required.
Tuesday, January 3	11:30 AM	Free	Winter Brochure Lunch and Sign-Up Day - Join Jamie & Jody for lunch to go over the winter brochure. While you are enjoying your lunch, we will be going over all things winter! Pre-register, please so we know how much food to have on hand for everyone. Doors will open at 11:30am, we will serve lunch at noon. Followed by a short break and then program registration. More details to follow soon. Pre-registration is required. FOOD SPONSORED BY THE FORTIN GROUP!