

## **APRIL 2021 EVENT & PROGRAM CALENDAR**

Auburn Senior Community Center | 48 Pettengill Park Road Register online at www.teamsideline.com/auburnme or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	❖ = Age-Friend	for program details! lly Committee Event ecreation Program	1	2	3	
4	5 ■ Paper Crafting	6 ■ Hike ❖ Age-Friendly Committee Meeting	7 ❖ Age-Friendly Movie	8  Chair Yoga	9	10
11	12 ■ Paper Crafting	13 ■ Hike	14	15	16	17
18	19 Patriots Day – No Recreation Programs	20	21     * Age-Friendly Movie	22  Chair Yoga	23	24
25	26  Paper Crafting	27 ■ Hike	28	29	30 ■ Lawn Games	

Fitness

Stay active with Auburn Recreation!

Pickleball – Hasty Community Center 8:30am-12:00pm \$2 Res/\$3 Non-Res (drop-in) Every Tuesday and Thursday

Date	Time	Cost	Description	
Monday, April 5	1:00-3:00 PM 4:00-6:00 PM	Free \$2 non- residents	Paper Crafting – Join a small group of friends creating paper crafts in-person or order a kit to do from home. Pre-registration required.	
Tuesday, April 6	11:00 AM- 12:30 PM	Free	Paper Mill Trail, Lisbon - Explore our local hiking locations. Transportation will not be provided at this time and participants will meet at the location. Pre-registration required.	
Tuesday, April 6	5:30-6:30 PM	N/A	Age-Friendly Committee Meeting	
Wednesday, April 7	10:00 AM - 12:00 PM	Free	<b>Age-Friendly Movie</b> – Romantic classic from the 1990's. Rated PG-13. Call 333-6601 x2108 for details. <b>Pre-registration required.</b>	
Thursday, April 8	10:00 AM- 11:00 AM	\$30 \$35 for non- residents	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Cost covers classes held 4/8, 4/22, 5/6 and 5/20. <b>Pre-registration is required.</b>	
Monday, April 12	1:00-3:00 PM 4:00-6:00 PM	Free \$2 non- residents	Paper Crafting – Join a small group of friends creating paper crafts in-person or order a kit to do from home. Pre-registration required.	
Tuesday, April 13	11:00 AM- 12:30 PM	Free	YMCA OLEC Hike - Explore our local hiking locations. Transportation will not be provided at this time and participants will meet at the location. Pre-registration required.	
Monday, April 19	All Day	N/A	Patriot's Day – No recreation programs due to holiday.	
Wednesday, April 21	1:00-3:00 PM	Free	Age-Friendly Movie – Romantic classic from the 1990's. Rated PG-13. Call 333-6601 x2108 for details. Pre-registration required.	
Thursday, April 22	11:00 AM \$35 for benefits of yoga while using a chair for support and stability through standin		<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. Cost covers classes held 4/8, 4/22, 5/6 and 5/20. <b>Pre-registration is required.</b>	
Friday, April 23	12:00 PM-2:00 PM	Free	Age-Friendly Beef Stew with Bread and Butter – Pickup event. Registrations required prior to April 16 (Max 250 reservations)	
Monday, April 26	1:00-3:00 PM 4:00-6:00 PM	Free \$2 non- residents	<b>Paper Crafting</b> – Join a small group of friends creating paper crafts in-person or order a kit to do from home. <b>Pre-registration required</b> .	
Tuesday, April 27	11:00 AM	Free	<b>Thorncrag Hike, Lewiston</b> - Explore our local hiking locations. Transportation will not be provided at this time and participants will meet at the location. <b>Pre-registration required.</b>	
Friday, April 30 (new date!)	12:30-2:00 PM	Free	<b>Lawn Games</b> - Croquet, bocce, corn hole and more at the Municipal Beach! Transportation will not be provided; participants will meet at the location. <b>Pre-registration required.</b>	